A HAPPY MARRIAGE LIFE MANAGEMENT: USEFUL HINTS

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Abstract: The main objective of this study is to demonstrate the Buddhist marriage ethics in a Buddhist perspective. In the current situation, not only marriage weakened their morality to practice it but also hand it down to new generation to find courtly love and romantic love. Therefore, the purpose of this paper is to pay attention to the marriage rule, and at the same time to understand the way how to get a peaceful marriage based on morality between husband and wife. In other words, the researcher wants to look closely into the Buddhist ethics, which focuses on the marriage as a means of making contributions to better social practice. In order to achieve this aim, the researcher also sought to elucidate issues and problems relevant to husband and wife in Shan Buddhist society.

Keyword: happy marriage life management

INTRODUCTION
This paper can be divided into three parts. In the first part, the researcher will be introduced the concept of Buddhist marriage. In the second part, will be discussed previous studies related to the research in terms of Buddhist marriage ethics. In the last part will summarized in this paper. UNESCO defined that without ethics, there is no justice, no love, no peace, and will be very difficult to promote relationship to live together in peace and harmony for longer sustainability. Certainly, ethics is one of the most essential of life which has engaged the benefit of peace at home, workplace, society as well as for the country. Thus, ethics is the foundation of life needed to practice. On other hand, ethics is to achieve mutual love, respect, caring, sacrifice for each other, cohesion tolerance of diversity among individuals and group peaceful. Apnivee (1998), P, 4-5. Ethics contributes to justice and justice will contribute to a cheerful life. Therefore, being an ethical people is crucial to living a lifetime of enjoyment. A people achieve bliss by possessing the inclinations to form the correct selection at the rightful time within the right manner. Ethics applies to one’s individual faith and selections in life. Ethics is a set of guidelines that contribute to leading an ethical life. The persons are able to see moral behavior as a pathway to realize an ethical life; thus, a cheerful life. Ethics will contribute to the betterment of one’s life and being a person of integrity. Ethics is usually thought of as a group of principles to guide one’s actions and behaviors. Ethics refer to the appliance of principles in our standard of living ought to result in happiness. Mintz, (2017). There will be untrue ethics without knowledge, untrue knowledge without ethics: both are bound up together as heat and light in a flame. What create wisdom is not mere intellectual enlightenment is of the very essence of wisdom. Dhammananda, (2002).

Concept of Marriage
Marriage is the major unit of human society and it is also allowed to protect by the society and the country. If society were to be compared to an organism, family would be the cells. In the state's interest is the cells to defend the family because, as the healthy family conduct to a healthy environment, equivalent to healthy cells to be needed for a healthy life form. The family is importantly as the training base of the heart and a textbook which the husband and wife are joint the writers and it is in the family where we learn to care and respect, to sacrifice, to love and trust for others further than ourselves. (United Nations, C.H.R, 1948). Essentially, the necessary and central part of marriage has been known and strengthened through cataloged human being history and by all cultures and core religions. Marriage is also the fundamental
of social arrangement and accepted economically, legally, spiritually, and socially as the social foundation. The ethics and standards of good conduct of the family analytically recognizes the standard of ethical practices spotted by families' harmony and is planned to be widely valid to families around the world to certain the traditional method of the family engaging a husband and wife to be seen through history. (United Nations, 1990)

Almost every day we hear from social media many couples are complaining about their marriages. Some young people are watching romantic movies and dream about romantic love in the future. But, The Reality of Married Life is not as sweet as they dream as a movie, but some young couple think that if they married, they will face marriage issues and responsibilities that they had never expected or experienced hitherto. Some people often think that marriage is a very important event in their lives. However, in order to make sure a victorious marriage, a couple needs to harmonize their lives by minimizing no matter variations they will have between them. Matrimonial issues prompted a cynic to mention that there will solely be a peaceful married life. For example, if the marriage is between a blind wife and a deaf husband, for the blind wife, she/he will undertake the rule of training to refrain from taking drugs or drinks which tend to cloud the mind. (Bodhi, 2010).

Without it, no family will live well. Such a scenario competently bears out the saying that "when impoverishment knocks at the door, love flies through the window. This does not mean that one should be wealthy to create a marriage work. However, if one has the fundamental requirements of life provided through a secure job and careful coming up with, several inessential anxieties will be aloof from a marriage. Dhammananda, (2002).

The Buddhist Concept of Marriage
According to Buddhism, marriage, consider to be a lokiya means that social or secular matter, it not lokuttara or a religious contractual obligation. (Sri Dhammananda, 1886, P. 321; O’Brien, 2018) Because of lokiya is apply on recycle and encumbrance to realization of nivarna. O’Brien (2018). The Buddhist perspectives on marriage are very liberal concerning personality and individuality, and not only as a religious responsibility. In Buddhism, there are no religious laws revealing a human being to get married, to be a single or to head a life totally celibacy. It is not set down the regulations that the number of children the Buddhists must produce in Buddhism that freely allows everybody to make decision themselves for all the issues associating to marriage. Dhammananda, (2002, p.322).

Buddhist ethic is about karmic effects that can be developed when people are prepared to undertake certain conventions of life and rules for training themselves. Buddhist ethics are not absolute in any stipulation of how compassion or wisdom are exercised, are put into practice. The lord Buddha did not issue commandments to laypeople, just commandments to the novices, nuns as well monks only; for example, he did not say ‘do not kill, do not steal’ but he did indicate that. (Morgan, P, 1996, P, 63.) If the people respect life, she/he will undertake the rule of training to refrain from harming any living things. If she/he respect others’ property she/he should undertake the rule of training to refrain from taking what is not given. If she/he respect for pure practice she/he should undertake the rule of training to refrain from wrong speech. If she/he respect for a clear mind she/he should undertake the rule of training to refrain from taking drugs or drinks which tend to cloud the mind. (Bodhi, 2010).

Mutual behavior includes the five precepts and husband and wife individual duty. All lay people should follow the five precepts. If she/he becomes teachers are should follow the teacher’s role. If he is become a husband should follow the husband’s role. If he is a novice must follow the 119 precepts, and for monks they must follow 227 moralities as well. (Clive A. 1996, P.63). Without such sacrifices, there cannot be perfect harmony in society, caring for one’s parents, family, fellow beings and others.
Buddhist Marriage ethics

“If a man can find a suitable and understanding wife, and a woman can find a suitable and understanding husband, both are fortunate indeed”. Dhammananda, (1986, p.3).

What is the propose of marriage? the researcher would like to answer this question that between husband and wife thy should caring and sharing sorrows & joys for each other. However, the propose of marriage in Buddhist perspective the Buddha advised that ‘if a husband and wife wish to enjoy each other in this life and afterwards to meet again in the next, they should have: mutual believe, mutual virtuous behavior, mutual generosity, mutual understanding. Then they will see one another not only in this present life but also in the future life. (AN, P. 446). In the Sigalovada-sutta and Mahā Mangala sutta also the Buddha explained how the unity between spouses can be maintained and the family relationship developed with care and. share happiness.

What Should be the ‘role’ of marriage? How can be a good family? Particularly, each husband and wife should apply this to their own case. According to the Buddha teaching, between husband and wife, there are five ways in which a husband should minister to his wife; a husband should give an honor and respect, be faithful, be trust, understanding, authority, provide financial supports to his wife without disparaging. Reciprocally, a wife should properly do house works, manage the servants, be faithful on husband, manage the family incomes and outcomes skillfully and diligent (D.III,190, DN. P.467). The Buddha said that a couple who follow the Dhamma will “speak the loving words to one another” (A.II,59) and “to treasure children and wife are the valuable approval” (S,262) in the family society. “A good wife is the best companion” (, S. I,37) by Buddha, and the Jātaka comments that a husband and wife should live “with joyful and healthy minds with one heart” (Ja. II,122). The Buddha criticized the Brahmans for “coming together mutual affection, value and respect” (A.III,222), making it clear that he thought this a far better motive for marriage. By Jataka, “In this world, union without love is suffering.” (Ja. II,205). The Buddha identified with some sympathetic heart, “When a young wife is guided to her husband’s home, either day or night and she feels shyness in front of her mother-in-law, her father-in-law, and forwards the house's assistants at home.” (A.II,78)

Despite different belief in religion Punnavaddhana guy practiced with the same mutual behavior, mutual understanding mutual generosity and respect to their own-religion. From ancient time to nowadays many marriages with different religious believe they are different but they can live in peace and harmony because believe does not mean as religion only, it means to them believe as peace and freedom. In Buddhist relationship if husband or wife commits adultery, they cannot get peaceful life. So, there are the other important things for couple include mutual respect and loyalty. Mutual wisdom will include mutual understanding and mutual management which means when she/he need something she/he fill or take care for each other.

Mutual virtuous behavior include, right speech, right action and right livelihood are important for our society and couple. The way how to communicate by right speech means the discipline of not lying, and not gossiping or talking in any way that will encourage malice and hatred. Right action is usually expanded into the five precepts listed above with positive actions such as being generous and compassionate. The way how to live at workplace and at home, right livelihood is a worthwhile job or way of life, which avoids causing harm or injustice to other beings. Whatever we talk each other whatever we do for professional job for ourselves or for society or for country right action and right speech support our right livelihood.

Mutual generosity means the couple share their property to their family and outside family and to treat family as individuals who can speak out their own opinions and whose voices can be listened and respected while whose living hobbits can be tolerated in the family environment. Many people understood in generosity that to donate property to the sangha only. For real, you can share your property, she/he can accept his/ her partner’s hobby, she /he does not want their partner to follow their mind forever.
Mutual understanding including right thought (right management) are the perceptions of the world as it really is, without delusions. This involves particularly understanding suffering, the law of cause and effect and impermanence, including the impermanence of the individual self or soul. Right thought involves the purification of the mind and heart and the growth of thoughts of unselfishness and compassion, which will then be the roots of action. Mutual wisdom is one of the most essential for a relationship, without a mutual understanding they are very difficult to get a peaceful life. Mutual wisdom is not mean the couples should the same knowledge, the same degree the same skills as well. (The Ethical Issues Six Religious Traditions, Lawton, C.1996, P,64)

CONCLUSION
Buddhist ethics for marriage is bored on mutual believe, mutual virtuous behavior, mutual generosity and mutual understanding. Following these virtues husbands are required to follow some word rules as well as wives. Following these rules will ultimately lead to peaceful and demonstrated life. Once married, the couple must properly conduct themselves properly to one another. Marriage is a partnership that allows the husband and wife to share their individual strengths and talents. As husband and wife to have a harmonious and successful marriage contributes to the stability and happiness of the family need to practice the concept of couples’ ‘role’. When the couple love, respect and understand one another, the home will be peaceful. But if they are constantly in conflict with one another, the home becomes unbearably. When discord arises within the family, its members should ask themselves whether they have shown concern for each other by carrying out their respective responsibilities, whether as a husband and wife. Therefore, Buddhist ethics of husband and wife need to care for each other and share happiness and unhappiness forever. Thus, Buddha's teaching of the relationship between husband and wife is an ethical are leading to peace and prosperity of the couple as well as their family and their society ultimately to any nation in the world.

REFERENCES


